

## Checklist of Applied Knowledge in Clinical Psychology

### Standards of Practice: Summary Page

Report Reviewed:

Constructs Used:			Rating
	Family Systems Pathology:	evident – partial - not used	evident or deficit
	Attachment Pathology:	evident – partial - not used	evident or deficit
	Trauma Pathology:	evident – partial - not used	evident or deficit
	Personality Pathology:	evident – partial - not used	evident or deficit
	Neuro-developmental	evident – partial - not used	evident or deficit

Diagnostic Foundations:			
	DSM-5 Diagnosis:	evident – incomplete - none	evident or deficit
	Case Formulation Diagnosis:	evident – partial - none	evident or deficit

Treatment Plan:			
	Articulated Treatment Plan:	evident – partial – no plan	evident or deficit
	Linked to DSM-5 Diagnosis:	evident – partial – no linkage	evident or deficit
	Linked to Case Formulation	evident – partial – no linkage	evident or deficit
	Long-Term Goals	clear – vague - none	evident or deficit
	Short-Term Goals:	clear – vague - none	evident or deficit
	Interventions	clear – vague - none	evident or deficit
	Time-Frames	clear – vague - none	evident or deficit

## Checklist of Applied Knowledge

### Applied Domains of Knowledge

#### 1. Family Systems Constructs in Analysis

1	2	3	4
<b>No use</b>	<b>Inadequate</b>	<b>Adequate</b>	<b>Full</b>
No family systems constructs used in analysis	Some but inadequate or inaccurate use of family systems constructs	Some but not complete use of family systems constructs	A full analysis using family systems constructs is provided

<u>Constructs Used</u>	Yes	No
Triangulation .....	<input type="checkbox"/>	<input type="checkbox"/>
Cross-Generational Coalition .....	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Cutoff .....	<input type="checkbox"/>	<input type="checkbox"/>
Differentiation of Self .....	<input type="checkbox"/>	<input type="checkbox"/>
Multigenerational Transmission ...	<input type="checkbox"/>	<input type="checkbox"/>
Inverted Hierarchy .....	<input type="checkbox"/>	<input type="checkbox"/>

#### 2. Attachment Constructs in Analysis

1	2	3	4
<b>No use</b>	<b>Inadequate</b>	<b>Adequate</b>	<b>Full</b>
No attachment related constructs used in analysis	Some but inadequate or inaccurate use of attachment constructs	Some but not complete use of attachment constructs	A full analysis using attachment constructs is provided

<u>Constructs Used</u>	Yes	No
Description of Attachment .....	<input type="checkbox"/>	<input type="checkbox"/>
Insecure Attachment Patterns .....	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Dysregulation .....	<input type="checkbox"/>	<input type="checkbox"/>
Breach-and-Repair Sequence .....	<input type="checkbox"/>	<input type="checkbox"/>
Role-Reversal .....	<input type="checkbox"/>	<input type="checkbox"/>

#### 3. Personality Pathology Constructs in Analysis

1	2	3	4
<b>No use</b>	<b>Inadequate</b>	<b>Adequate</b>	<b>Full</b>
No personality pathology constructs used in analysis	Some but inadequate or inaccurate use of personality constructs	Some but not complete use of personality pathology constructs	A full analysis using personality pathology constructs is provided

<u>Constructs Used</u>	Yes	No
Splitting .....	<input type="checkbox"/>	<input type="checkbox"/>
Absence of Empathy .....	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Dysregulation .....	<input type="checkbox"/>	<input type="checkbox"/>
False "Abuse" Allegations .....	<input type="checkbox"/>	<input type="checkbox"/>
Power, Control, & Domination .....	<input type="checkbox"/>	<input type="checkbox"/>

## Checklist of Applied Knowledge

### 4. Trauma Constructs in Analysis

1	2	3	4
<b>No use</b>	<b>Inadequate</b>	<b>Adequate</b>	<b>Full</b>
No trauma constructs used in analysis	Some but inadequate or inaccurate use of trauma constructs	Some but not complete use of trauma constructs	A full analysis using trauma constructs is provided

<u>Constructs Used</u>	Yes	No
Persecutory Delusion .....	<input type="checkbox"/>	<input type="checkbox"/>
Trauma Reenactment Pattern .....	<input type="checkbox"/>	<input type="checkbox"/>
PTSD Identified or Implied .....	<input type="checkbox"/>	<input type="checkbox"/>
PTSD Criterion 1 Identified .....	<input type="checkbox"/>	<input type="checkbox"/>
Phobic Anxiety Identified .....	<input type="checkbox"/>	<input type="checkbox"/>

### 5. Neuro-Developmental

1	2	3	4
<b>No use</b>	<b>Inadequate</b>	<b>Adequate</b>	<b>Full</b>
No neuro-developmental constructs used in analysis	Some but inadequate or inaccurate use of neuro-developmental constructs	Moderate use of neuro-developmental constructs	A full analysis using neuro-developmental constructs is provided

<u>Constructs Used</u>	Yes	No
Intersubjectivity .....	<input type="checkbox"/>	<input type="checkbox"/>
Co-Construction .....	<input type="checkbox"/>	<input type="checkbox"/>
Use-Dependent Development .....	<input type="checkbox"/>	<input type="checkbox"/>
Breach-and-Repair Sequence .....	<input type="checkbox"/>	<input type="checkbox"/>
Age-Gender Neuro-Maturation .....	<input type="checkbox"/>	<input type="checkbox"/>

## Checklist of Applied Knowledge

### Standards of Professional Practice: Diagnosis

1. DSM-5 Diagnosis Provided:  Yes  No

Category of DSM-5 Diagnosis

- Trauma pathology
  - Disruptive/conduct pathology
  - Anxiety pathology
  - Depressive/bipolar pathology
  - Eating disorder pathology
  - Personality disorder pathology
  - Neurodevelopmental
  - Child abuse pathology
  - Spousal-partner abuse pathology
  - Other DSM-5 category
2. DSM-5 Symptoms Reported:
- Trauma pathology
  - Disruptive/conduct pathology
  - Anxiety pathology
  - Depressive/bipolar pathology
  - Eating disorder pathology
  - Personality disorder pathology
  - Neurodevelopmental
  - Child abuse pathology
  - Spousal-partner abuse pathology
  - Other DSM-5 category
3. Case Formulation Diagnosis
- Fully Articulated: A case formulation is clearly presented with a clearly identifiable theoretical orientation articulated.
  - Partially Articulated: A fractured case formulation is presented or clear theoretical foundations are not evident.
  - No Formulation: No organized case formulation is presented beyond symptom identification.
4. Case Formulation Orientation
- Cognitive-behavioral
  - Family systems
  - Humanistic-existential
  - Psychoanalytic (attachment-neurodevelopment)
  - Social Constructionism (cultural, gender, narrative, solution-focused)
  - Religious-spiritual
  - Motivational (recovery)
  - Other organized framework: \_\_\_\_\_
  - No coherent orientation evident

## Checklist of Applied Knowledge

### Standards of Professional Practice: Treatment Plan

#### 1. Articulated Treatment Plan

- Fully Elaborated:** A fully elaborated treatment plan is described that includes short-term, medium-term, and long-range goals that are responsive to the presenting problem and case formulation. The treatment plan identifies the specific steps and interventions used to achieve the treatment goals, with specified time-frame benchmarks for achievement of the treatment goal and its reevaluation. Anchored data procedures are identified for collection of treatment progress measures and treatment outcome assessments.
- Partially Described:** A treatment plan is partially described with many features of a full treatment plan (goals-interventions-outcome) or that is only partially linked to the presenting problem, DSM-5 diagnosis, and case formulation.
- Marginal Description:** The treatment plan is vague and lacks major components of a standard treatment plan, such as missing short and long-term goals, specific interventions to be used, time-frame benchmarks, and measurable outcomes.
- No Treatment Plan:** No coherent or organized treatment plan is described.

#### 2. Treatment Plan Components

	Yes	Partial	No
Links: Linkage to presenting problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linkage to DSM-5 diagnosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linkage to case conceptualization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Goals: Long-term goals identified	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consistent short-term goals identified	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specific: Specific interventions described for each goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Measures: Measurable outcomes described	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time: Time-frame for achieving long-term goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time-frame for achieving short-term goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### 3. Treatment Plan Orientation

- Cognitive-behavioral
- Family systems
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- Motivational (recovery)
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- No coherent orientation evident